

YOU ARE SURROUNDED BY HUNGER

80,000 Philadelphia children will miss at least one meal today.

A quarter million of your Philadelphia neighbors are worrying about getting dinner tonight. Philadelphia hosts some of the hungriest congressional districts in the nation.

TO US, FINE DINING MEANS A SQUARE MEAL.

We are desperate from hunger. The worst form of violence is poverty.

As the situation becomes more dangerous, public health declines and disease spreads. Studies prove that school violence increases when food stamps run out before the month ends.

MAYBE YOU'RE DOING WELL TODAY.

But without a fair economy giving us all the chance to live well, you could fall into this gap.

Some of us used to shop where you do.

- ★ **UNEMPLOYMENT IS UP.** Philadelphia's 200,000 unemployed are 13% of the city's population.
- ★ **MINIMUM WAGE BUYS LESS.** Spending power of the working poor decreased 25% since 1968.
- ★ **FOOD PRICES RISE.** Since 2008 food prices are up 12%, adjusted for inflation.
- ★ **FOOD STAMPS ARE SUDDENLY CUT 5% and more cuts are pending,** 31% of Philadelphians rely on food stamps. Nationally, 60% on food stamps are employed.
- ★ **FOOD PANTRIES ARE HALF EMPTY.** In 2010, nearly half of food pantries turned people away because they ran out of food. Produce is now cut 45%. People line up before dawn hoping to get groceries.

WHAT YOU CAN DO:

HIRE US at liveable wages.

Our talents will surprise you.

ASK YOUR GROCER TO ALLOW GLEANING OF "EXPIRED" FOOD.

One third of America's harvest is trashed.

DONATE to FOOD PANTRIES.

There are over 700 in Philadelphia. hungercoalition.org

DONATE to ORGANIZATIONS that plant fruits and berries in our city.

phillyorchards.org • teens4good.orbius.com • growinghomephilly.org

PLANT EDIBLE LANDSCAPES AROUND YOUR HOUSE. Edible perennials are both pretty and nutritious. Invite free harvest by hungry neighbors. The regional food movement starts at home.

DEFEND FOOD STAMPS. Ask Congress to protect SNAP from further cuts.

They are considering \$4 billion to \$40 billion in cuts to SNAP over the next decade.

About 3.8 million Americans could be cut from the program. And 210,000 children could lose their free school meals.

ENDORSE A PHILADELPHIA LAND BANK

that converts vacant lots into greenhouses, gardens and orchards. groundedinphilly.org

ASK CITY HALL TO HIRE US TO BUILD AND MANAGE GREENHOUSES.

Pay us with home purchase credits, health care, community college credits, and food. phila.gov/green

ADVOCATE FOR EDIBLE PARKS. Philadelphia has the largest urban park system in America.

Many cities are now planting fruits and nuts. Philadelphia has recently begun.

MOVE YOUR MONEY FROM WELLS FARGO TO A COMMUNITY BANK.

Four million Americans have been evicted since 2008. Small banks are less quick to foreclose.

JOIN A COMMUNITY SUPPORTED FARM. Help plant the future. farmtocity.org

Support the efforts of the organized poor to put an end to hunger by supporting the advocacy efforts of the Poor Peoples Economic Human Rights Campaign.

economichumanrights.org